

# Opioid Reassessment Clinic (ORC): Integrated Pain Care for Veterans with Complex Chronic Pain



**VA CONNECTICUT HEALTHCARE  
SYSTEM**

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# High-Quality Chronic Pain Care



**SELF CARE**

**Behavioral  
therapies**

**SELF EFFICACY**

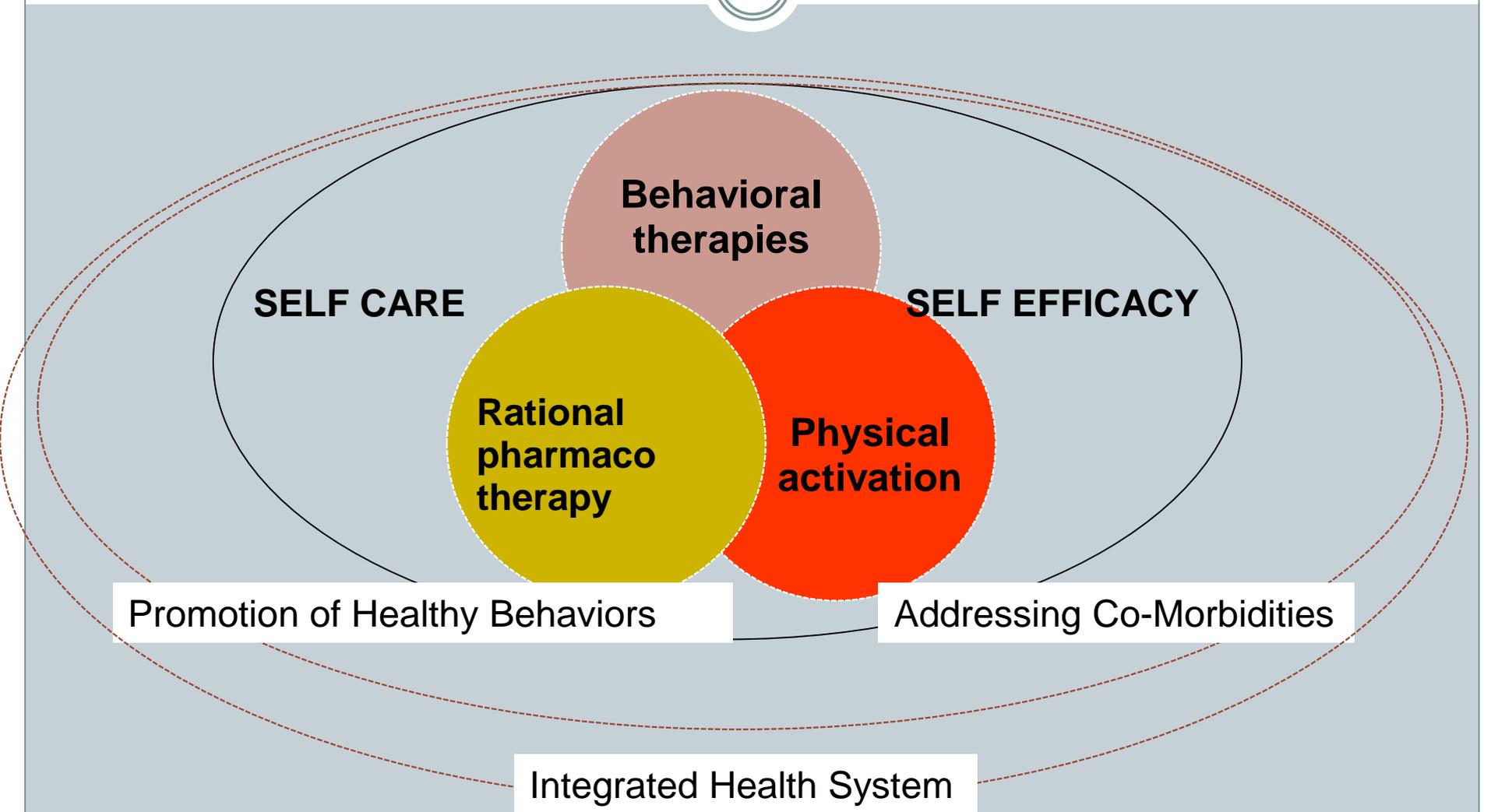
**Rational  
pharmaco  
therapy**

**Physical  
activation**

Promotion of Healthy Behaviors

Addressing Co-Morbidities

Integrated Health System



# Local Issues Identified Pre-ORC



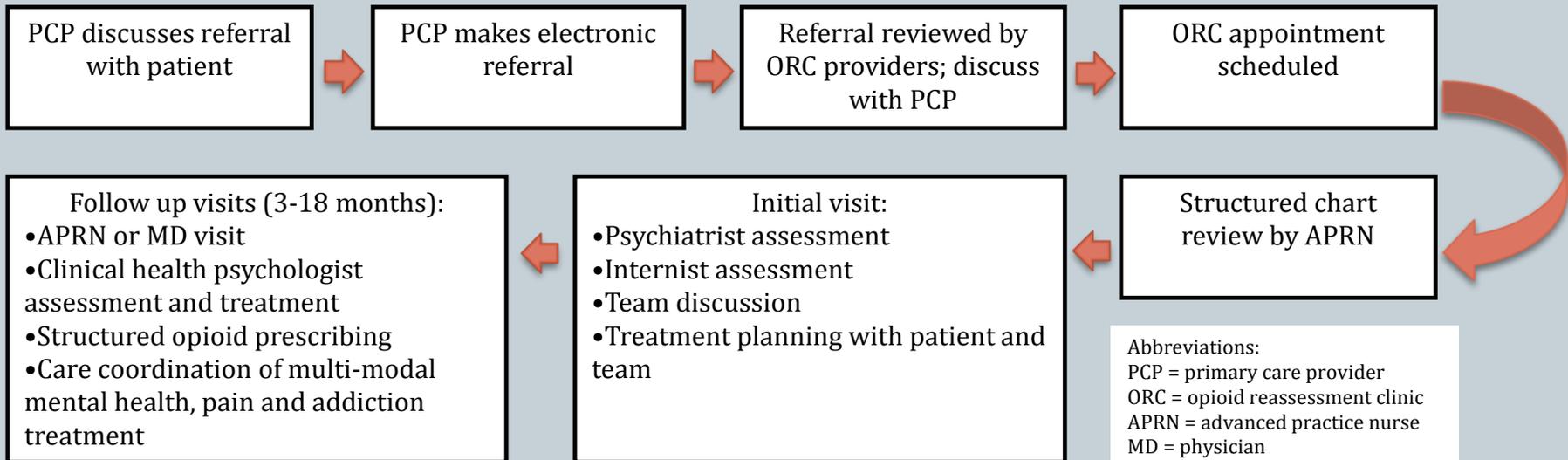
- Veterans with complex chronic pain (opioids + mental health +/- substance use comorbidity) were not receiving high quality, multimodal pain care
- Primary Care Providers overwhelmed by time-intensive negotiations with patients regarding safe opioid use

# Opioid Reassessment Clinic (ORC)



- *Embedded in Primary Care* → Patients in whom opioid misuse or harm is derailing high-quality pain care:
  - **Structured pain and addiction-related assessment**
  - **Structured, monitored opioid prescribing for typically 3-12 months**
  - **Motivational enhancement, contingency management targeting multimodal pain treatment engagement**
  - **Facilitated transition to addiction treatment including within ORC itself (e.g. suboxone and CBT)**

# ORC Flow



# Successes to Date



- Improved communication between Primary Care and specialists facilitated by shared space and integrated approach
- Increased utilization of VACT's wide array of multimodal pain treatment options
- Timely addiction treatment/referrals
- PCPs perceive improved support, increased satisfaction with process
- Veteran satisfaction better than anticipated